



SARAH DODD

An inspirational woman on the way to change the world

Categorie

Trends

Type

Trendwatcher, Visionair | Innovator

Inzetbaarheid

Keynote spreker

Talen

EN, ES

Afkomstig van

USA

Biografie

Sarah Dodd grew up in a small town in Arkansas in USA. She has had to overcome many obstacles in her life, due to her long family line of drug/alcohol abuse and depression. Eager to leave the only place she had ever known, she graduated high school one year early and at the early age of 17 she left moved out of her state to attend university.

Sarah Dodd has a bachelor's degree from the University of Arkansas in Speech and Communication with Suma Cum Laude Honors, with years of intercultural experience, as well as a nursing background.

At the age of 23 years old, as she was working as a licensed nurse, she found herself in over her head with student loans, interest rates, materialistic possessions everywhere she looked and completely stuck in the normal routine of

life. She focused her life around what she “should” be doing according to society, instead of courageously going after her truest dreams.

“I grew up with people constantly pressing upon me a way of life that I felt like was not for me. Graduate high school, go to college, get a job, find a boyfriend, graduate college, get married, buy a house, have kids...”

With other plans in her heart, Sarah decided that it was more important live without regrets, than losing the approval of others. Sarah came up with an action plan and worked with an unshakable focus, working every weekend, double and holiday shift in order to become debt free and save in order to make her dream become a reality.

“If I ever heard any nurse on a different shift complaining about even the smallest pain, I would rush over and offer to work their shift in order to send them home and get more hours. “

She finally accomplish her goal, became completely debt free and in June 2013 left her job and moved to Spain without knowing a single person or word of Spanish. Sarah lived, worked and experienced the Spanish life and culture during two years and in 2015 she decided that she was ready for her next challenge.

She started traveling full time in 2015 and as of now she has traveled to almost 100 countries around the world, speaking at conferences to companies and individuals through her unique cultural experience and work.