



CHRISTINE FITZGERALD

Bedrijfspsycholoog | Leiderschap, Menselijk Gedrag en de Psychologie achter Duurzaam Succes. Over de Menselijke kant van Leiderschap, Nieuwe Energie voor je Organisatie en het Loslaten van Controle.

Categorie

Mentale Veerkracht, Weerbaarheid, Presteren & Leiderschap, Human Capital, Innovatie & Creativiteit, Leiderschap, Omgaan met Verandering, Menselijk gedrag & besluitvorming

Type

Wetenschapper

Inzetbaarheid

Workshop, Keynote spreker, Masterclass

Talen

Engels

Afkomstig van

Nederland

Biografie

Christine Fitzgerald is a business psychologist who helps leaders and organizations unlock their potential by looking at business through a different lens. Drawing on more than four decades of experience in psychology, teaching, and leadership development, she brings fresh perspectives to the challenges that matter most in today's business world.

Her expertise en focus is on The Human Side of Leadership, Rejuvenate Your Business and Let Go of Control.

Rejuvenate the Way You Think, Lead, and Do Business

Business success starts with understanding people.

In a world of constant change, increasing complexity, and relentless pressure to perform, organizations need more than effective strategies and ambitious goals. They need people who think clearly, connect meaningfully, and have the confidence and creativity to turn challenges into opportunities.

Christine Fitzgerald is a business psychologist who helps leaders and organizations understand the human dynamics behind performance, decision-making, and change. Drawing on more than four decades of experience in psychology, higher education, and leadership development, she translates complex psychological insights into practical ideas that inspire new perspectives and meaningful action.

Her central message is simple yet powerful: when people feel mentally energized, emotionally connected, and intellectually curious, they unlock their greatest potential.

Through her engaging presentations, Christine invites audiences to challenge established ways of thinking, reconsider their relationship with control and uncertainty, and rediscover the human qualities that drive creativity, resilience, and sustainable success.

Her approach goes beyond conventional business thinking. By connecting psychology and emotional intelligence with positive psychology, reflective thinking, and the restorative power of our natural environment, she offers fresh perspectives on how people can thrive in business and in life.

The result is a renewed understanding of leadership, collaboration, and performance—and the inspiration to put that understanding into practice.

Biography Christine Fitzgerald

Christine Fitzgerald has devoted more than four decades to psychology, teaching, speaking, and developing programs that help people discover the extraordinary potential of the human mind. Her international career has taken her from New York to the Netherlands and from the banking sector into academia, where she has helped shape leaders, students, entrepreneurs, and organizations through the lens of business psychology.

She has held academic positions at institutions including Webster University, Nyenrode Business University, The Hague Hotel School, and Wittenborg University of Applied Sciences. At Webster University's Leiden campus, she has served as a Senior Adjunct Professor of Psychology and Management since 1985 and has held leadership responsibilities within the Department of Behavioral and Social Sciences.

From 2019 to 2023, Christine served as Program Director for Business Psychology at SRH Haarlem University of Applied Sciences, where she helped develop and launch one of the Netherlands' first business psychology programs.

Throughout her career, Christine has remained fascinated by what makes people tick: their motivations, emotions, personal stories, struggles, and triumphs.

Her strength lies in connecting deeply with people, listening with empathy, and creating environments in which ideas can flourish.

Whether she is educating future leaders, coaching entrepreneurs, or addressing international audiences, her aim is to spark curiosity, inspire courage, and encourage lasting change.

For Christine, business psychology is ultimately about understanding people more deeply so they can lead, collaborate, and perform more effectively.