



## JUAN CAMPOO

Award winning Coach and Inspirational TEDx Speaker on Empowering Well-Being and Impact from the Inside-Out! Juan Campoo. is an Amazon #1 Best-Selling Author THE MIND CANVAS. Contact Assemblee Speakers for more to book Juan Campoo for your next event.

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### Categorie

Transition & Transformation, Human Capital, Personal development, Human behavior

### Inzetbaarheid

Business coach, Keynote speaker, Master class

### Talen

English

### Afkomstig van

The Netherlands

## Biografie

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Over a decade ago, Juan Campoo was a rising professional in the corporate world, and he seemed to have it all, yet his health told a different story. Having flirted with burnout and depression, Juan Campoo learned firsthand how vulnerable and fragile we can be. These experiences led him on a journey to learn the secrets of the body and mind, and to study how that all plays out in the workplace.

After working with some of the most prestigious

training and consulting firms in Europe - training and coaching people around the world on communication, influence, leadership, culture, and wellbeing - Juan Campoo came to a realization:

“We live in complex times and move toward ever more ambiguous futures, with mindsets we developed in the past.”

THE WORLD IS ACCELERATING FASTER THAN OUR INNER DEVELOPMENT

So Juan Campoo asked himself a question:

How can we accelerate Inner Development, so people and organizations can show sustainable impact in life and at work?

This led him to develop and refine a transformational method that accelerates people's ability to be aware of, own, and master their inner and outer experiences, increasing their influence and positive impact on others.